

My Baby You'll Be

Background and Overview



About the Film: *My Baby You'll Be*

When Charles' mother asked him to help her transfer home movies to her hard drive, his reaction was, "What home videos?" Watching the 20 hours of family memories and realizing he had 38 unopened voicemails — many from his mother — lead him to realize the extent to which the two, once so undeniably close, had grown apart. He realized, too, that with the videos and the voicemails he had the perfect media with which to explore the situation creatively.

"I watched every clip, end to end," he said. "I cried, I laughed, and then I wondered, what happened? Why aren't we as connected as we used to be?"

Many ask Charles about his mother's reaction to the film. And the answer involves tissues and unconditional love.

"She urged me not to be so hard on myself!" And she told him he'd been there for her and she knew he always would.

The film has received accolades at Festival viewings around the country and received the Creatively Connected Online Film Festival Focus Award, selected by guest juror Mike Paseornek of Lionsgate Films.

About the Filmmaker: Charles Frank

The Foundation for Art and Healing was thrilled to discover this young filmmaker. His cinematic grace and particular sensitivity to the qualities of distance, closeness and yearning in our relationships to each other and to our larger communities were so striking that we selected three of his films for our festival, each of which captures a very different theme and aspect of loneliness and isolation.

Charles grew up in Western Massachusetts, in a tiny town a couple of hours outside of Boston. Recollecting his boyhood, he says "Besides making trick shot videos, I was a dishwasher for a summer and an avid member of the A2Z Yo-Yo Team. I studied in a rigorous academic environment and spent my free time making corny short films, and at 16 I worked on my first feature."

After a gap year in Portland, Oregon, he planned to attend NYU Film School but ended up taking a position with a production company before co-founding Voyager Creative, a Brooklyn, NY enterprise with a range of corporate and personal projects rooted in documentary, verite approach (a film genre emphasizing realism and naturalism).



About Creatively Connected Live!

We're witnessing one of today's fastest growing public health concerns: Loneliness and Isolation

- According to a recent study, over one-third of American adults are lonely
- Emerging research indicates that loneliness and isolation, in addition to being linked to depression, substance abuse, and suicide, is also associated with a 30% increased risk of early death from heart disease and cancer
- This risk is on par with smoking 15 cigarettes a day

The Creatively Connected Film Festival is an online exploration of this important topic. Filmmakers were invited to share stories spotlighting the impact of loneliness and isolation in our seemingly hyperconnected world.

How many of us haven't felt lonely at one point or another in our lives? And how many of us hasn't felt just a little bit better—and less alone—by realizing how others struggle with these feelings and social situations?

The films we've curated offer that kind of experience, as well as other examples of the beauty and healing power of art. It's what being Creatively Connected is all about!

My Baby You'll Be is a touching example of how a film can help us see, feel and understand more about each other and ourselves.



Focus Award Winner